

UDA DAY CAMP SCHEDULE

2 DAY SAMPLE SCHEDULE

DAY 1

8:00 Check In- Registration
 8:15 UDA Camp Kick Off
 8:30 Warm Up/Stretch/Line Dance/"A" Routine Preview
 9:00 Motion Technique/ Sideline Class
 9:30 "A" Routine
 11:00 Home Routine Rehearsal
 11:30 Lunch Break
 1:00 Home Routine Evaluations
 1:30 "B" Routine Preview
 1:45 "B" Routine
 3:30 Drill Downs
 4:00 Big Sis-Lil Sis/ Teambuilding
 4:15 Announcements
 4:30 All American Meeting

DAY 2

8:00 All American Meeting
 8:30 Warm Up/Stretch/Line Dance
 9:00 Review "A" Routine
 9:30 Review "B" Routine
 10:15 Team Technique/Open Practice
 11:15 Mock Evaluations
 11:30 Big Sis-Lil Sis/ Teambuilding
 11:45 Lunch
 1:00 CRAZY DAY
 1:30 All American Evaluations
 2:00 Review "A" Routine
 2:30 Review "B" Routine
 3:15 Final Evaluation of "A" and "B" Routines
 3:45 Break
 4:00 Final Drill Down
 4:15 Final Awards

3 DAY SAMPLE SCHEDULE

DAY 1

8:00 Check In- Registration
 8:15 UDA Camp Kick Off
 8:30 Warm Up/Stretch/Line Dance/"A" Routine Preview
 9:00 Motion Technique/ Sideline Class
 9:30 "A" Routine
 11:00 Home Routine Rehearsal
 11:30 Lunch Break
 1:00 Home Routine Evaluations
 1:30 Team Tech/Open Practice
 3:15 All American Meeting/"A" Routine Practice
 3:45 Drill Downs
 4:00 Big Sis-Lil Sis/Teambuilding
 4:15 UDA Routine Sneak Peak/Leadership Meeting
 4:30 Announcements

DAY 2

8:00 All American Meeting
 8:30 Warm Up/Stretch/Line Dance
 9:00 Review "A" Routine
 9:30 "B" Routine
 11:15 Drill Downs
 11:30 Lunch Break
 1:00 Crazy Day!
 1:45 Technique Skills Stations
 2:30 "C" Routine
 4:00 Cool Down
 4:15 Big Sis-Lil Sis/Teambuilding
 4:30 Announcements

DAY 3

8:00 Warm Up/Stretch/Line Dance
 8:30 Review "A" Routine
 9:00 Review "B" Routine
 9:45 Review "C" Routine
 10:45 Mock Evaluations
 11:00 Drill Downs
 11:15 All American Review
 11:30 Lunch
 1:00 All American Evaluations
 1:30 Gatorade Break/Fashion Show
 1:45 Quick Review of "A", "B" and "C" Routines
 2:30 Final Evaluations of "A", "B" and "C" Routines
 3:45 Break
 4:00 Final Drill Down
 4:15 Final Awards

Times are approximate. Times may vary based on facilities. Exact times will be given out during camp check in.

UDA DAY CAMP SCHEDULE

4 DAY SAMPLE SCHEDULE

DAY 1

8:00 Check In- Registration
8:15 UDA Camp Kick Off
8:30 Warm Up/Stretch/Line Dance/"A" Routine Preview
9:00 Motion Technique/ Sideline Class
9:30 "A" Routine
11:00 Home Routine Rehearsal
11:30 Lunch Break
1:00 Home Routine Evaluations
1:30 Team Technique/Open Practice
3:15 All American Meeting/Open Practice
3:45 Drill Downs
4:00 Meet Your Big Sis
4:15 UDA Sneak Peek
4:30 Announcements

DAY 2

8:00 All American Meeting
8:30 Warm Up/Stretch/Line Dance
9:00 Review "A" Routine
9:45 "B" Routine
11:20 Announcements
11:30 Lunch
1:00 Technique Warm Up
1:15 Technique Skills Stations
2:15 Drill Downs
2:30 "C" Routine
4:00 Cool Down
4:15 Big Sis-Lil Sis/Teambuilding
4:30 Announcements

DAY 3

8:00 All American Meeting
8:30 Warm Up/Stretch/Line Dance
9:00 Review "A" Routine
9:30 Review "B" Routine
10:15 Review "C" Routine
11:15 Mock Evaluations
11:30 Lunch
1:00 Crazy Day!
1:30 Elective Classes
2:45 Drill Downs
3:00 Gatorade Break/Fashion Show
3:15 UDA All American Evaluations
3:45 "A" Routine Evaluations
4:15 Big Sis-Lil Sis/Teambuilding
4:30 Announcements

DAY 4

8:30 Warm Up/Stretch/Line Dance
9:00 Quick Review of "A", "B" and "C" Routines
9:30 Final Evaluations of "A", "B" and "C" Routines
10:30 Break
11:00 Final Drill Down
11:15 Final Awards

Times are approximate. Times may vary based on facilities. Exact times will be given out during camp check in.